

A Prayerful Life: Prayers of Praise & Adoration  
(Exodus 15:1-13; Psalm 8:1-9; Isaiah 12:1-6; Luke 2:25-32)

Quench Life Christian Fellowship

Sunday March 1, 2026

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A. What is \_\_\_\_\_?

Prayer is **intentional communication** with God and can be spoken or written. It is often petitionary in nature, though it may take many other forms, as well. Both the OT and the NT assume that **God hears and responds to the prayers of his people.** (*Lexham Theological Workbook*)

Prayer - In the Bible prayer is **worship that includes all the attitudes of the human spirit in its approach to God.** The Christian worships God when he adores, confesses, praises and supplicates him in prayer. **This highest activity of which the human spirit is capable may also be thought of as communion with God, so long as due emphasis is laid upon divine initiative.** (*New Bible Dictionary*)

*Daniel 9:20-23 While I was speaking and praying, confessing my sin and the sin of my people Israel and making my request to the Lord my God for his holy hill— <sup>21</sup> while I was still in prayer, Gabriel, the man I had seen in the earlier vision, came to me in swift flight about the time of the evening sacrifice. <sup>22</sup> He instructed me and said to me, “Daniel, I have now come to give you insight and understanding. <sup>23</sup> As soon as you began to pray, a word went out, which I have come to tell you, for you are highly esteemed. Therefore, consider the word and understand the vision. NIV*

B. What are some \_\_\_\_\_ of prayer?

1. Prayers of \_\_\_\_\_ and \_\_\_\_\_

*Matthew 6:9-10 ... “Our Father in heaven, **hallowed be your name,** <sup>10</sup> your kingdom come, **your will be done on earth as it is in heaven.** NIV*

2. Prayers of \_\_\_\_\_

*Matthew 6:11 **Give us today our daily bread.** NIV*

3. Prayers of \_\_\_\_\_

*Matthew 6:12 **And forgive us our debts,** as we also have forgiven our debtors. NIV*

4. Prayers of \_\_\_\_\_

*Philippians 1:4 In all my prayers **for all of you,** I always pray with joy. NIV*

5. Prayers of \_\_\_\_\_

C. What are some \_\_\_\_\_ of prayers of praise and adoration?

1. By \_\_\_\_\_ and the \_\_\_\_\_

*Exodus 15:1-4 Then Moses and the Israelites sang this song to the Lord. They said: **I will sing to the Lord, for he is highly exalted**; he has thrown the horse and its rider into the sea. <sup>2</sup> The Lord is my strength and my song; he has become my salvation. This is my God, and I will praise him, my father's God, and I will exalt him. <sup>3</sup> **The Lord is a warrior**; the Lord is his name. <sup>4</sup> He threw Pharaoh's chariots and his army into the sea; the elite of his officers were drowned in the Red Sea. CSB*

2. By \_\_\_\_\_

*Psalm 8:1-9 **Lord, our Lord, how majestic is your name in all the earth!** You have set your glory in the heavens. <sup>2</sup> Through the praise of children and infants you have established a stronghold against your enemies, to silence the foe and the avenger. <sup>3</sup> **When I consider your heavens, the work of your fingers, the moon and the stars, which you have set in place, <sup>4</sup> what is mankind that you are mindful of them, human beings that you care for them?** <sup>5</sup> **You have made them a little lower than the angels and crowned them with glory and honor.** <sup>6</sup> You made them rulers over the works of your hands; you put everything under their feet: <sup>7</sup> all flocks and herds, and the animals of the wild, <sup>8</sup> the birds in the sky, and the fish in the sea, all that swim the paths of the seas. <sup>9</sup> **Lord, our Lord, how majestic is your name in all the earth!** NIV*

3. By \_\_\_\_\_

*Isaiah 12:1-6 In that day you will say: "**I will praise you, Lord. Although you were angry with me, your anger has turned away and you have comforted me.**" <sup>2</sup> Surely God is my salvation; I will trust and not be afraid. **The Lord, the Lord himself, is my strength and my defense; he has become my salvation.**" <sup>3</sup> **With joy you will draw water from the wells of salvation.** <sup>4</sup> In that day you will say: "Give praise to the Lord, proclaim his name; **make known among the nations what he has done**, and proclaim that his name is exalted. <sup>5</sup> **Sing to the Lord, for he has done glorious things; let this be known to all the world.** <sup>6</sup> Shout aloud and sing for joy, people of Zion, **for great is the Holy One of Israel among you.**" NIV*

4. By righteous \_\_\_\_\_

*Luke 2:25-32 Now there was a man in Jerusalem called Simeon, who was righteous and devout. He was waiting for the consolation of Israel, and **the Holy Spirit was on him.** <sup>26</sup> It had been revealed to him by the Holy Spirit that **he would not die before he had seen the Lord's Messiah.** <sup>27</sup> Moved by the Spirit, he went into the temple courts. When the parents brought in the child Jesus to do for him what the custom of the Law required, <sup>28</sup> Simeon took him in his arms and praised God, saying: <sup>29</sup> "Sovereign Lord, as you have promised, **you may now dismiss your servant in peace.** <sup>30</sup> **For my eyes have seen your salvation,** <sup>31</sup> which you have prepared in the sight of all nations: <sup>32</sup> **a light for revelation to the Gentiles, and the glory of your people Israel.**" NIV*