

Spiritual Integrity: Avoiding Hypocrisy

(Matthew 6:1-18)

Quench Life Christian Fellowship

Sunday February 8, 2026

Pastor Robert L. Scott, Jr.

A. What's the _____ of _____?

Integrity: 1) **firm adherence to a code** of especially moral or artistic values: incorruptibility. 2) an **unimpaired condition**: soundness. 3) the **quality or state of being complete or undivided**: completeness. (*Merriam-Webster Dictionary*)

John 8:12-16, 29 When Jesus spoke again to the people, he said, "I am the light of the world. **Whoever follows me will never walk in darkness, but will have the light of life.**" ¹³ The Pharisees challenged him, "Here you are, appearing as your own witness; **your testimony is not valid.**" ¹⁴ Jesus answered, "**Even if I testify on my own behalf, my testimony is valid, for I know where I came from and where I am going. But you have no idea where I come from or where I am going.**" ¹⁵ You judge by human standards; I pass judgment on no one. ¹⁶ But if I do judge, **my decisions are true, because I am not alone. I stand with the Father, who sent me.** ²⁹ The one who sent me is with me; he has not left me alone, **for I always do what pleases him.**" NIV

John 14:6 Jesus answered, "I am the way and **the truth and the life. No one comes to the Father except through me.**" NIV

B. What's the meaning of _____?

Hypocrisy: **a feigning to be what one is not** or to believe what one does not: **behavior that contradicts what one claims** to believe or feel: especially, the **false assumption of an appearance** of virtue or religion. (*Merriam-Webster Dictionary*)

Mark 7:5-8 So the Pharisees and teachers of the law asked Jesus, "**Why don't your disciples live according to the tradition of the elders** instead of eating their food with defiled hands?" ⁶ He replied, "**Isaiah was right when he prophesied about you hypocrites; as it is written: "These people honor me with their lips, but their hearts are far from me.**" ⁷ They worship me in vain; their teachings are merely human rules.' ⁸ **You have let go of the commands of God and are holding on to human traditions.**" NIV

C. How can a _____ of Jesus Christ _____ hypocrisy?

1. By not doing _____ things, so that people would _____ of you.

Matthew 6:1-2 "**Take care not to practice your righteousness in the sight of people, to be noticed by them; otherwise you have no reward with your Father who is in heaven.**" ² "So when you give to the poor, **do not sound a trumpet before you, as the hypocrites do in the synagogues and on the streets, so that they will be praised by people. Truly I say to you, they have their reward in full.**" NASB

2. By doing good things _____ or _____.

*Matthew 6:3-4 But **when you give to the poor**, do not let your left hand know what your right hand is doing, ⁴ so that your charitable giving will be in secret; and your Father who sees what is done in secret will reward you. NASB*

*Matthew 5:16 **Your light must shine before people** in such a way that they may see your good works, and glorify your Father who is in heaven. NASB*

3. By not praying _____ to be _____ and _____ by others.

*Matthew 6:5 “And when you pray, **you are not to be like the hypocrites**; for they love to stand and pray in the synagogues and on the street corners so that they will be seen by people. Truly I say to you, **they have their reward in full.** NASB*

4. By _____ with God in _____.

*Matthew 6:6 But as for you, when you pray, **go into your inner room**, close your door, and pray to your Father who is in secret; and your Father who sees what is done in secret will reward you. NASB*

5. By not looking _____ when you _____.

*Matthew 6:16 “**Now whenever you fast, do not make a gloomy face as the hypocrites do**, for they distort their faces so that they will be noticed by people when they are fasting. Truly I say to you, **they have their reward in full.** NASB*

*Galatians 5:22-23 But the fruit of the Spirit is **love, joy, peace, forbearance, kindness, goodness, faithfulness, ²³ gentleness and self-control.** Against such things there is no law. NIV*

6. By fasting _____ and _____.

*Matthew 6:17-18 But as for you, when you fast, **anoint your head and wash your face, ¹⁸ so that your fasting will not be noticed by people but by your Father who is in secret; and your Father who sees what is done in secret will reward you.** NASB*