

The Gentleness of Christ: Being a Gentle Woman

(1 Peter 3:1-6; Proverbs 18:31-35, 27:15-16)

Quench Life Christian Fellowship

Sunday, October 11, 2026

Pastor Robert L. Scott, Jr.

A. What is a _____?

Gentlewoman – 1a: a woman of noble or gentle birth; 1b: a woman who is an attendant upon a lady of rank; 2: a woman of refined manners or good breeding: lady (*Meriam-Webster dictionary*)

B. What is a _____?

1. A _____ human being who has been _____ in Christ Jesus.

*1 John 5:1 **Everyone who believes that Jesus is the Christ is born of God, and everyone who loves the father loves his child as well. NIV***

*Psalm 18:31-35 **For who is God, except the Lord? And who is a rock, except our God? ³² It is God who arms me with strength, And makes my way perfect. ³³ He makes my feet like the feet of deer, And sets me on my high places. ³⁴ He teaches my hands to make war, So that my arms can bend a bow of bronze. ³⁵ You have also given me the shield of Your salvation; Your right hand has held me up, Your gentleness has made me great. NKJV***

2. A _____ human being who is _____ by the Holy Spirit.

*Galatians 5:16, 22-23 **So I say, walk by the Spirit, and you will not gratify the desires of the flesh. ²² But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, ²³ gentleness and self-control. Against such things there is no law. NIV***

*Matthew 11:28-30 **"Come to me, all you who are weary and burdened, and I will give you rest. ²⁹ Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. ³⁰ For my yoke is easy and my burden is light." NIV***

*Matthew 9:20-22 **Just then a woman who had been subject to bleeding for twelve years came up behind him and touched the edge of his cloak. ²¹ She said to herself, "If I only touch his cloak, I will be healed." ²² Jesus turned and saw her. "Take heart, daughter," he said, "your faith has healed you." And the woman was healed at that moment. NIV***

C. What are some _____ of a _____ gentle woman?

1. She _____ and _____ from God.

*James 3:17 **But the wisdom that is from above is first pure, then peaceable, gentle, willing to yield, full of mercy and good fruits, without partiality and without hypocrisy. NKJV***

Proverbs 31:26 When she speaks, **her words are wise**, and **she gives instructions with kindness**. NLT

Proverbs 31:26 **She speaks with wisdom**, and **on her tongue there is tender instruction**. GW

Proverbs 31:26 She speaks **with a gentle wisdom**. GNT

2. She understands and _____ how to _____ without _____.

1 Peter 2:21-25 **To this you were called, because Christ suffered for you, leaving you an example, that you should follow in his steps.** ²² **“He committed no sin, and no deceit was found in his mouth.”** ²³ When they hurled their insults at him, **he did not retaliate**; when he suffered, he made no threats. Instead, **he entrusted himself to him who judges justly.** ²⁴ **“He himself bore our sins”** in his body on the cross, so that we might die to sins and live for righteousness; **“by his wounds you have been healed.”** ²⁵ For **“you were like sheep going astray,” but now you have returned to the Shepherd and Overseer of your souls.** NIV

1 Peter 3:1-2 **Wives, in the same way submit yourselves to your own husbands** so that, if any of them do not believe the word, **they may be won over without words by the behavior of their wives,** ² when they see the purity and reverence of your lives. NIV

Proverbs 27:15-16 **A quarrelsome wife is like the dripping of a leaky roof in a rainstorm;** ¹⁶ **restraining her is like restraining the wind or grasping oil with the hand.**

3. She knows her _____ is her _____.

1 Peter 3:3-5a **Your beauty should not come from outward adornment**, such as elaborate hairstyles and the wearing of gold jewelry or fine clothes. ⁴ **Rather, it should be that of your inner self, the unfading beauty of a gentle and quiet spirit**, which is of **great worth in God’s sight.** ⁵ For this is the way the holy women of the past who put their hope in God **used to adorn themselves**... NIV

4. She _____ her _____ in _____.

1 Peter 3:5 For this is **the way the holy women of the past who put their hope in God** used to adorn themselves. **They submitted themselves to their own husbands.** NIV

Psalms 25:21 May integrity and uprightness protect me, **because my hope, Lord, is in you.** NIV

5. She _____ to her _____ without _____.

1 Peter 3:6 Like Sarah, **who obeyed Abraham and called him her lord.** You are her daughters if you do what is right and do not give way to fear. NIV

1 Peter 3:6 Just as Sarah obeyed Abraham **[following him and having regard for him as head of their house]**, calling him lord. And you have become her daughters if you do what is right without being frightened **by any fear [that is, being respectful toward your husband but not giving in to intimidation, nor allowing yourself to be led into sin, nor to be harmed].** AMP